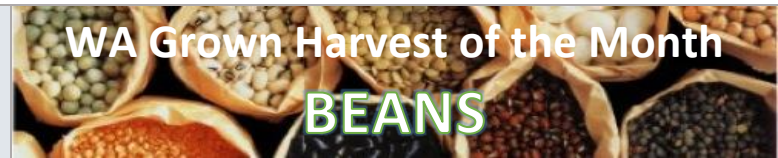


Bellevue School District Elementary School Menu

DECEMBER, 2017



Monday	Tuesday	Wednesday	Thursday	Friday
Meal Prices Lunch: \$3.25 Reduced Price K-3: FREE Reduced Price PK & 4-5: \$0.40		Label Non-meat entrées may contain cheese &/or egg Vegan entrées		1 Seahawks Tailgate All-Beef Hawk Dog Thick-Cut Baked Fries Seahawks Frozen Treat
4 Chicken Alfredo or Vegetarian Alfredo Penne Pasta Whole Wheat Roll	5 Chicken Nuggets Sweet & Sour Dipping Sauce Brown Rice	6 Deep Dish Pan Pizza – Turkey Pepperoni or Cheese Caesar Salad on Salad Bar	7 Birthday Celebration Harvest of the Month Three-Bean Veg. Chili Cheese Cornbread Mini Krispy Treat	8 Roasted Chicken Leg Mashed Potatoes & Gravy Biscuit
11 Italian Meatballs or Vegetarian Marinara Penne Pasta Garlic Bread	12 Mandarin Orange Chicken Brown Rice Steamed Broccoli	13 Cheese Stuffed Breadsticks Marinara Dipping Sauce Caesar Salad on Salad Bar	14 Chef's Choice	15 Chef's Choice
18	19	20	21	22
Bellevue schools closed for Winter Break!				
25	26	27	28	29
Schools will reopen Tuesday, January 2, 2018				

Served Daily: Bean & Cheese Burrito , Breaded Chicken Burger, Hamburger, Veggie Burger , and Picnic Lunch (Whole Wheat Bagel w/ Cream Cheese, Low-fat Yogurt & String Cheese) **Tu. & Th. Entrée:** Grilled Chicken Caesar Salad

Milk Options (available daily, included in lunch): 1% White; Non-fat Chocolate; Lactose free, and Ultra Soy milk

****Lunch includes a trip though our salad bar which features salad greens, crunchy vegetables, legumes, fresh, canned and dried fruit.****

Elementary School Breakfast Menu

DECEMBER, 2017

Breakfast Offered at:
Ardmore, Enatai, Lake Hills, Newport Heights, Phantom Lake, Sherwood Forest, Stevenson, and Woodridge

Meal Prices: Breakfast: \$2.25, Reduced Price: FREE, Milk ONLY: \$0.50, Adults: \$3.25

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Maple Waffles or Banana Pancakes	Breakfast Sandwich: Turkey Ham & Cheese on Hawaiian Bun	French Toast Sticks w/ Scrambled Eggs	WG Pancake-Wrapped Turkey Sausage Bites	Breakfast Pizza Bagel or Breakfast Burrito

Breakfast Entrées Available DAILY: Whole Wheat Bagel w/ Cream Cheese & Jam, Low-fat Yogurt & Fruit Muffin, and Assorted Whole Grain Cereals (Multigrain Cherrios, Rice Chex, Cinnamon Rice Chex, and Rice Krispies)
Breakfast includes fresh and/or canned fruit, 100% fruit juice, and milk (1% white & Lactose Free).

Nutrition News: Bellevue School District is Hiring!



Are you looking for work with a flexible schedule? Full time or part time? The Bellevue School District is looking to hire for educational and instructional assistants, para educators, as well as kitchen assistants for Nutrition Services. No prior experience needed! We will provide the training and resources for you. Please apply online at:

<http://www.bsd405.org/departments/hr/jobs/>

The 2017-18 Application for Free or Reduced Priced Meals

is available online in English, Spanish & Chinese.

<https://mealapps.bsd405.org>

Applications must be renewed annually!

Families are responsible for the cost of meals served to students prior to an application being approved.

How to Pay for Meals:

Nutrition Services uses **PayPAMS** for online payments.

Go to: <https://paypams.com> for more information

There is a \$1.95 fee for each online transaction.

You may also pay for meals by check or cash at your child's school.

DIGITAL School Menus



The **My School Menus™** mobile app allows parents and students to access menus and nutrition information for the school meal program directly from their smart phones and tablets.

Download the app at iTunes App Store or Google Play.

The digital menus allow you to:

- Translate the menu into over 75 languages.
- View nutritional information and ingredients for menu items.
- Filter food choices for the top 8 allergens.
- Determine the overall nutritional value of a meal (calories, carbohydrates, etc.), using "Build a Meal" feature, to meet personal dietary needs.