

Bellevue School District Middle School Lunch Menu February, 2017



Monday	Tuesday	Wednesday BRUNCH	Thursday	Friday	Meal Prices & Alternate Offerings
		Hot "McBell" Sandwich Egg, Turkey Bacon & Cheese or Egg & Cheese on a Soft Whole Wheat Bagel Golden Hash Brown	Swedish Meatballs w/ Penne Pasta Green Peas Garlic Bread	Super Bowl LI Tailgate Chili Dog w/ Baked Fries Coleslaw	Lunch: \$3.50 Reduced Price \$.40 Milk only: \$.50 Adult: \$4.25
Chicken Pot Pie served in a Soft Bread Bowl	Soft Taco Seasoned Turkey, Vegetarian Refried Beans, Cheddar Cheese w/ Salsa, Sour Cream & Jalapenos Whole Grain Tortilla	Belgian Waffles w/ Sliced Strawberries & Whip Cream Turkey Sausage	Tuscan Tomato Soup w/ Cheesy Garlic Bread Caesar Salad	Roast Turkey Gravy w/ Mashed Potatoes, Green Beans Whole Wheat Roll	<u>Daily Entrees</u> GRILL -Spicy Breaded Chicken Burger -Tillamook Cheese Burger -Hamburger -Fish Burger -Veggie Burger -Bean & Cheese Burrito PIZZA -Buffalo Chicken -Pepperoni -Cheese -Hawaiian -Veggie
Korean BBQ Beef & Broccoli w/ Lo-Mein Noodles	Valentine's Day Five Cheese Lasagna Caesar Salad Garlic Bread + Sweetheart Parfaits	Hot Croissant Sandwich Egg, Turkey Bacon & Cheese or Egg & Cheese on a fluffy Whole Grain Croissant Golden Hash Brown	"CCBT" Grilled Chicken, Pepper Jack, Turkey Bacon & Tomato Burger w/ Curly Fries	Chef's Choice	COLD LINE -Grilled Chicken Caesar Salad -Low-fat Yogurt w/ Seasonal Sliced Breads
President's Day Holiday	Bellevue schools closed for Mid-Winter Break				
Mandarin Orange Chicken w/ Brown Rice Stir Fry Vegetables	Salisbury Steak w/ Mashed Potatoes & Gravy Whole Wheat Roll	 <p>Lunch includes a trip though our salad bar which features fresh cut greens, crunchy vegetables, legumes, fresh and canned fruit.</p> <p>A variety of milk choices are available daily with meals; 1% White, Nonfat Chocolate, Lactose Free and Ultra Soy Milk.</p>			

This institution is an equal opportunity provider.

Middle School Breakfast Menu

February, 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Meal Prices
Vanilla Yogurt Parfait w/ Fruit & Granola Egg, Ham & Cheese Breakfast Bagel Egg & Cheese Breakfast Bagel	Whole Grain French Toast Sticks w/ Scrambled Eggs NEW Egg, Turkey Sausage & Cheese Breakfast Bagel Egg & Cheese Breakfast Bagel	Hot Pizza Bagel Whole Grain Pancake & Turkey Sausage on a Stick	Breakfast Burrito Egg, Ham & Cheese Breakfast Bagel Egg & Cheese Breakfast Bagel	Mini Banana Pancakes Egg, Turkey Sausage & Cheese Breakfast Bagel Egg & Cheese Breakfast Bagel	Breakfast: \$2.50 Reduced Price: FREE Milk only: \$.50 Adult: \$3.25

-Breakfast entrees available daily: **NEW** Blueberry or Cinnamon Crumble Coffee Cake, Seasonal Sliced Breakfast Breads, Low-fat Yogurt w/ a Whole Grain Muffin and a Soft Whole Wheat Bagel with Cream Cheese and Jam.

-Breakfast includes fresh and/or canned fruit, 100% fruit juice and your choice of milk!

(Nut)rition News:

School Menus go DIGITAL!

The Nutrition Services Department is pleased to bring new school meal menu options to families this school year. The My School Menus™ mobile app allows parents and students to access menus and nutrition information for the school meal program directly from their smart phones and tablets.

Parents can access this service by going to either the iTunes App Store or Google Play and downloading the My School Menus™ app to their smart device.

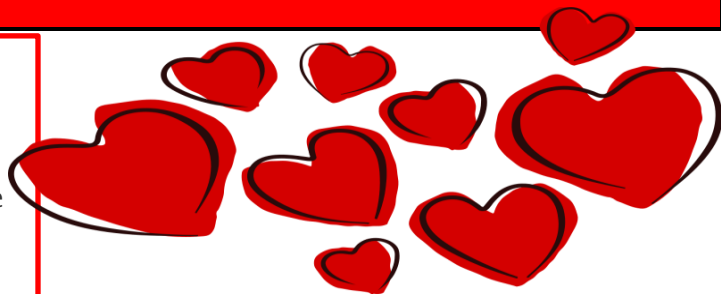
The digital menus allow you to:

- Translate the menu into over 75 languages.
- View nutritional information for menu item.
- Filter food choices for the top 8 allergens.
- Determine, using the "Build a Meal" feature, the overall nutritional value (calories, carbohydrates, etc.) of a meal to meet personal dietary needs.

How to Pay for Meals:

Nutrition Services uses PayPAMS for online payments for school meals.

Go to <https://paypams.com> for more information. There is a \$1.95 fee for each online transaction. You may also pay for meals by check or cash at your child's school.



The 2016-17 Application for Free or Reduced Priced Meals

is available online in English & Spanish

Visit: <https://mealapps.bsd405.org>

-Applications must be renewed annually!

-Families are responsible for the cost of meals served to students prior to an application being approved.

Bellevue School District is Hiring!

Are you looking for work with a flexible schedule? Full time or part time?

The Bellevue school district is looking to hire for educational and instructional assistants, para educators, as well as kitchen assistants for Nutrition Services. No prior experience needed! We will provide the training and resources for you.

Please apply online at:
<http://www.bsd405.org/departments/hr/jobs/>

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