

Bellevue School District Elementary Lunch Menu February, 2017




Monday	Tuesday	Wednesday	Thursday	Friday	Meal Prices & Alternate Offerings
		1 Pepperoni or Cheese Pan Pizza w/ Caesar Salad	2 Chicken Alfredo w/ Penne Pasta Garlic Bread	3 Super Bowl LI Tailgate Corn Dog w/ Baked Fries Coleslaw "Runnin" Raisels 	Lunch: \$3.25 Reduced Price K-3: FREE Reduced Price PK, 4-5: \$.40 Milk only: \$.50 Adult: \$4.25
6 Teriyaki Beef Dippers w/ Brown Rice Stir Fry Vegetables	7 Soft Taco Seasoned Turkey, Vegetarian Refried Beans, Cheddar Cheese & Salsa Whole Grain Tortilla	8 Cheesy Garlic Rippers w/ Marinara Dipping Sauce Caesar Salad	9 Macaroni & Cheese w/ Steamed Broccoli Whole Wheat Roll	10 Tillamook Cheddar Cheeseburger w/ Potato Smiles  <i>Happy Birthday Krispie Treat!</i>	Daily Entrees -Breaded Chicken Burger -Hamburger -Veggie Burger -Bean & Cheese Burrito -Low-fat Yogurt w/ a Whole Grain Blueberry Loaf
13 Chicken Spring Roll w/ Sweet & Sour Dipping Sauce Brown Rice	14 <i>Valentine's Day</i> Belgian Waffles w/ Sliced Strawberries & Whip Cream Turkey Sausage 	15 Hawaiian or Cheese Pan Pizza w/ Caesar Salad	16 Roast Turkey Gravy w/ Mashed Potatoes Whole Wheat Roll	17 <i>Chef's Choice</i>	Tu. & Th. Entrée -Grilled Chicken Caesar Salad
20 <i>President's Day Holiday</i>	21	22	23	24	
Bellevue schools closed for Mid-Winter Break					
27 Mandarin Orange Chicken w/ Brown Rice Stir Fry Vegetables	28 Roasted Chicken Leg w/ Baby Potatoes Green Beans Whole Wheat Roll	 <p><i>Lunch includes a trip though our salad bar which features fresh cut greens, crunchy vegetables, legumes, fresh and canned fruit.</i></p> <p><i>A variety of milk choices are available daily with meals; 1% White, Nonfat Chocolate, Lactose Free and Ultra Soy Milk</i></p>			

This institution is an equal opportunity provider.

Elementary Breakfast Menu

February, 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Meal Prices
Whole Grain Maple Pancake & Turkey Sausage on a Stick	Breakfast Quesadilla 	Whole Grain Banana Pancakes	Turkey Ham & Cheese Breakfast Sandwich	Hot Breakfast Bagel	Breakfast: \$2.25 Reduced Price PK, K-5: FREE Milk only: \$.50 Adult: \$3.25

-Breakfast entrees available daily: Whole Grain Cereal (Cheerios, Rice Chex, Cinnamon Chex & Rice Krispies), Low-fat Yogurt w/ a Whole Grain Muffin or a Whole Wheat Bagel with Cream Cheese and Jam.
- Breakfast includes fresh and/or canned fruit, 100% fruit juice and your choice of milk.

(Nut)rition News:

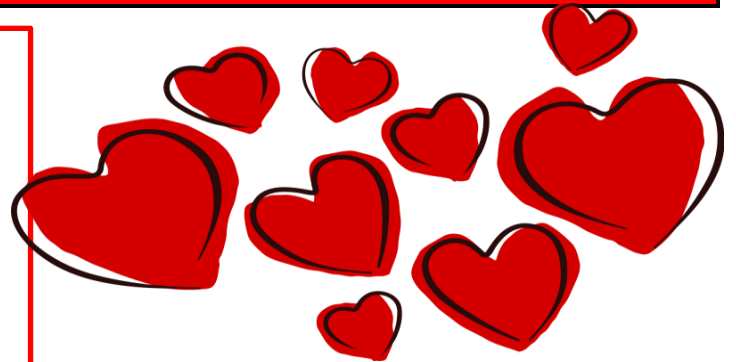
School Menus go DIGITAL!

The Nutrition Services Department is pleased to bring new school meal menu options to families this school year. The **My School Menus™** mobile app allows parents and students to access menus and nutrition information for the school meal program directly from their smart phones and tablets.

Parents can access this service by going to either the iTunes App Store or Google Play and downloading the **My School Menus™** app to their smart device.

The digital menus allow you to:

- Translate the menu into over 75 languages.
- View nutritional information for menu item.
- Filter food choices for the top 8 allergens.
- Determine, using the “Build a Meal” feature, the overall nutritional value (calories, carbohydrates, etc.) of a meal to meet personal dietary needs.



The 2016-17 Application for Free or Reduced Priced Meals

is available online in English & Spanish
 Visit: <https://mealapps.bsd405.org>

- Applications must be renewed annually!
- Families are responsible for the cost of meals served to students prior to an application being approved.

How to Pay for Meals:

Nutrition Services uses **PayPAMS** for online payments for school meals.

Go to <https://paypams.com> for more information. *There is a \$1.95 fee for each online transaction.* You may also pay for meals by check or cash at your child’s school.

Bellevue School District is Hiring!

Are you looking for work with a flexible schedule? Full time or part time?

The Bellevue school district is looking to hire for educational and instructional assistants, para educators, as well as kitchen assistants for Nutrition Services. No prior experience needed! We will provide the training and resources for you.

Please apply online at:
<http://www.bsd405.org/departments/hr/jobs/>

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