

BELLEVUE SCHOOL DISTRICT ELEMENTARY SCHOOL LUNCH MENU JANUARY, 2017

(REVISED 12-9-16)



Monday	Tuesday	Wednesday	Thursday	Friday	Meal Prices & Alternate Offerings
2 WINTER BREAK CONTINUES...	3 Tillamook Cheddar Cheeseburger w/ Potato Smiles	4 Pepperoni or Cheese Pan Pizza w/ Caesar Salad	5 Chicken Alfredo w/ Penne Pasta Garlic Bread 	6 Roasted Chicken Leg w/ Baby Potatoes Green Beans Whole Wheat Roll <i>Happy Birthday Krispie Treat</i>	Lunch: \$3.25 Reduced Price K-3: FREE Reduced Price PK, 4-5: \$.40 Milk only: \$.50 Adult: \$4.25
9 Chicken Nuggets w/ Sweet & Sour Dipping Sauce Brown Rice	10 Belgian Waffles w/ Sliced Strawberries & Whip Cream Turkey Sausage	11 Cheese Stuffed Breadsticks w/ Marinara Dipping Sauce Caesar Salad	12 Macaroni & Cheese w/ Steamed Broccoli Whole Wheat Roll	13 All Beef Hot Dog w/ BBQ Baked Beans Coleslaw	Daily Entrees -Breaded Chicken Burger -Hamburger -Veggie Burger -Bean & Cheese Burrito -Low-fat Yogurt w/ a Whole Grain Blueberry Loaf
16 No School today <i>MLK Jr. Holiday</i>	17 Soft Taco Seasoned Turkey, Vegetarian Refried Beans, Cheddar Cheese & Salsa Whole Grain Tortilla	18 Hawaiian or Cheese Pan Pizza w/ Caesar Salad	19 Italian Meatballs w/ Penne Pasta Garlic Bread	20 Roast Turkey w/ Mashed Potatoes & Gravy Green Peas Whole Wheat Roll	Tu. & Th. Entrée -Grilled Chicken Caesar Salad
23 Teriyaki Chicken w/ Brown Rice Stir Fry Vegetables	24 Dutch Waffle w/ Warm Cinnamon Apples Scrambled Eggs	25 Cheesy Garlic Rippers w/ Marinara Dipping Sauce Caesar Salad	26 Five Cheese Lasagna w/ Garlic Bread	27 Baja Fish Sticks Seasoned Baked Fries Whole Wheat Roll Coleslaw	
30 No School today	31 Mandarin Orange Chicken w/ Fried Brown Rice   Chinese New Year!	<p>Lunch includes a trip though our salad bar which features fresh cut greens, crunchy vegetables, legumes, fresh and canned fruit.</p> <p>A variety of milk choices are available daily with meals; 1% White, Nonfat Chocolate, Lactose Free and Ultra Soy Milk</p>			

This institution is an equal opportunity provider.

ELEMENTARY SCHOOL BREAKFAST MENU

JANUARY, 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Meal Prices
Whole Grain Pancake & Turkey Sausage on a Stick	Egg & Cheese Breakfast Sandwich	Whole Grain Banana Pancakes	Turkey Ham & Cheese Breakfast Sandwich	Hot Breakfast Bagel	Breakfast: \$2.25 Reduced Price PK, K-5: FREE Milk only: \$.50 Adult: \$3.25

-Breakfast entrees available daily: Whole Grain Cereal (Cheerios, Rice Chex, Cinnamon Chex & Rice Krispies), Low-fat Yogurt w/ a Whole Grain Muffin or a Whole Wheat Bagel with Cream Cheese and Jam.
- Breakfast includes fresh and/or canned fruit, 100% fruit juice and your choice of milk.

(Nut)rition News:

School Menus go DIGITAL!

The Nutrition Services Department is pleased to bring new school meal menu options to families this school year. The **My School Menus™** mobile app allows parents and students to access menus and nutrition information for the school meal program directly from their smart phones and tablets.

Parents can access this service by going to either the iTunes App Store or Google Play and downloading the **My School Menus™** app to their smart device.

The digital menus allow you to:

- Translate the menu into over 75 languages.
- View nutritional information for menu item.
- Filter food choices for the top 8 allergens.
- Determine, using the "Build a Meal" feature, the overall nutritional value (calories, carbohydrates, etc.) of a meal to meet personal dietary needs.

How to Pay for Meals:

Nutrition Services uses **PayPAMS** for online payments for school meals.

Go to <https://paypams.com> for more information. *There is a \$1.95 fee for each online transaction.* You may also pay for meals by check or cash at your child's school.

The 2016-17 Application for Free or Reduced Priced Meals

is available online in English & Spanish
 Visit: <https://mealapps.bsd405.org>

- Applications must be renewed annually!
- Families are responsible for the cost of meals served to students prior to an application being approved.



Bellevue School District is Hiring!

Are you looking for work with a flexible schedule? Full time or part time?

The Bellevue school district is looking to hire for educational and instructional assistants, para educators, as well as kitchen assistants for Nutrition Services. No prior experience needed! We will provide the training and resources for you.

Please apply online at:
<http://www.bsd405.org/departments/hr/jobs/>

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