

Is your family prepared?

- Know your area and what disasters are possible.** Check ready.gov for what to expect in our area.
- Create a basic emergency supply kit.** See inside this brochure for suggestions.
- Consider a few extra items, depending on your family's needs.** Extra medication, glasses, infant formula, diapers, etc.
- Make a to-go bag.** A basic supply kit that you can grab in a hurry or keep in your car.
- Know your evacuation routes.** Have more than one option.
- Designate three family meeting spots.** 1) Near the home (fire). 2) Regional, in case you can't get home. 3) Out of town, in case you evacuate separately.
- Select an out-of-town contact.** A point person in case your immediate family is separated.
- Make a list of phone numbers.** Everyone should carry a copy. Include offices, schools, doctors, relatives, & insurance.
- Write down important personal information.** On the above list, jot any medical conditions you have.
- Know the emergency plan of your children's schools.**
- Have a family meeting.** Make sure everyone is involved in the emergency plan.



Make sure your family has a plan in place BEFORE an emergency!

Source: www.realsimple.com



Newport High School

4333 Factoria Blvd. SE
Bellevue, WA 98006

Phone: 425-456-7400
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Bellevue School District

Newport High School

Emergency Preparedness at School & at Home



Tel: 425-456-7400

Newport is ready!

Our school is prepared for all major disasters, including:

- Fire
- Earthquake
- Volcanic eruption
- On-campus threat requiring a lock-down

Drills are rehearsed on a regular schedule.



Did you know?

In a major disaster, cell phones often don't work due to damage to the network towers. Prepare for other means of communication.

Our school is ready...are you?

It's a good idea to never let your gas tank go below 1/2 full — in a disaster, many gas stations cannot pump gas & at the ones who do, the line of cars can stretch for miles.

HELPFUL LINKS:

American Red Cross

<http://arc-seattle.axxiomportal.com/>

Ready.gov

<http://www.ready.gov/>

3 Days, 3 Ways

<http://www.govlink.org/3days3ways/>

Emergency Kit Checklist

*As a general rule, you should store **three days worth of supplies**. If room and resources allow, store more.*



Don't forget to include prescription medications & cash in your kit!

1. WATER
2. FOOD
3. FIRST AID KIT
4. MEDICATIONS, MEDICAL SUPPLIES, & INFORMATION
5. TOOLS & SUPPLIES
6. SANITATION SUPPLIES
7. CLOTHING & BEDDING

- Replace emergency food and water supplies every six months unless otherwise noted on the packaging
- Make sure your kit is easily accessible. When a disaster hits, you don't want to dig in the back of the attic for your supplies.
- Keep smaller versions of your disaster kit in your family vehicles and at work.
- Prioritize.

YOUR 3-DAY DISASTER KIT SHOULD INCLUDE:

8. IMPORTANT FAMILY DOCUMENTS

9. ENTERTAINMENT

For more info: <http://arc-seattle.axxiomportal.com/show.aspx?mi=4171>

Reunification Plan

As a parent, it's important to know the procedures for reunifying with your child if an emergency occurs while (s) he is at school. On arrival, you must follow protocol of the Incident Commander. All students must be officially checked out. Newport's policy is as follows:

1. Parent or other listed emergency contact must pick up the child.
2. ID must match with the people listed.
3. All designated pick-up people need to be listed on the Emergency Form filled out at the beginning of the school year.



Know how & when to pick up your child from school after a disaster.

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