

Mentoring Statistics

2008 Bellevue School District's VIBES Year-End Program Evaluation

- 77% of teachers believed their VIBES students improved in personal growth
- 80% of students believed they improved in personal growth
- 72% of teachers believed their VIBES students improved in work habits
- 79% of students believed they improved in work habits
- 70% of teachers believed their VIBES students improved in academics
- 81% of students believed they improved in academics

Overall Picture of Mentoring in the United States

- Three million adults mentor young people through an organization.¹
- This represents an increase of 19% from 2002 to 2005.¹
- 29% of mentors volunteer through in school or after-school programs.¹
- Of all possible volunteer activities, mentoring makes up 18%.²
- The average mentoring relationship lasts nine months.¹
- 96% of existing mentors would recommend mentoring to others.¹

Big Brothers Big Sisters School-Based Mentoring Study 2002³

- 64% of students developed a more positive attitude towards school
- 58% achieved higher grades in social studies, languages, and math
- 60% improved their relationships with adults
- 56% improved their relationships with peers
- 55% of mentees were found to be better able to express their feelings
- 64% developed higher levels of self-confidence

1996 Temple University Study

Young people who participated in mentor program for high-risk middle school students exhibited:

- Less negative disruptive classroom behavior
- Better school attendance
- Improved relationships with adults and peers
- Positive changes in their knowledge, attitudes and behaviors concerning substance abuse and related life skills

1. Mentoring in America 2005: A Snapshot of the Current State of Mentoring -

http://www.mentoring.org/program_staff/index.php?cid=63

2. Volunteer Mentoring Youth: Implications for Closing the Mentoring Gap -

http://www.mentoring.org/program_staff/index.php?cid=63

3. Program Evaluation and Information Services, DRAFT REPORT. School-based Mentoring: Evaluation of Five Pilot Programs. (Philadelphia: Big Brothers Big Sisters of America, 2002).